

St. Joseph's Hospice Programs and Services ~ August 2017
REGISTRATION IS REQUIRED

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Aug 1	2	3	4	5
6	7 Civic Holiday (closed)	8 Step by Step DROP IN Walking Group 10:30 – 11:30	9	10	11	12
13	14 DROP IN Meditation 10:30 – 11:45	15 Step by Step DROP IN Walking Group 10:30 – 11:30	16	17 COOKING FOR ONE 6:30–8:30pm Summertime Grilling MASSAGE THERAPY 12:00 / 1:30 / 3:00	18	19
20	21 Manicure or Pedicure (Gladys) 9:30/10:30/11:30/12:30 DROP IN Meditation 10:30 – 11:45	22 Step by Step DROP IN Walking Group 10:30 – 11:30	23	24	25	26
27	28 DROP IN Meditation 10:30 – 11:45	29 Step by Step DROP IN Walking Group 10:30 – 11:30	30	31 MASSAGE THERAPY (Amanda) 12:00 / 1:30 / 3:00		

To book an appointment, arrange for transportation or receive more information, contact Brenda at **(519) 931 - 3474**

• Programs printed in **BLACK** are offered to **ALL** clients

• Programs printed in **RED** are offered to **BEREAVED** clients only

• Programs printed in **GREEN** are offered to **CAREGIVER** and **BEREAVED** clients only

