

St. Joseph's Hospice Programs and Services ~ December 2017

REGISTRATION IS REQUIRED

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Exploring Grief 10:00 – 12:00pm	2 MASSAGE THERAPY 2:00 / 3:00 / 4:00
3	4 DROP IN Meditation 10:30 – 11:45 H.E.A.L. 1:00 – 3:00PM	5 MASSAGE THERAPY 1:30 / 2:30 / 3:30	6 INTEGRATED ENERGY THERAPY 10am (Raven) Mindfulness for the Bereaved 1:00pm-3:00pm HEALING TOUCH 1:30 (Shawnee)	7	8 Exploring Grief 10:00 – 12:00pm Christmas Tea for Bereaved 1:30 – 3:30	9
10	11 DROP IN Meditation 10:30 – 11:45 H.E.A.L. 1:00 – 3:00PM	12 MASSAGE THERAPY 1:30 / 2:30 / 3:30	13 Mindfulness for the Bereaved 1:00pm-3:00pm HEALING TOUCH 1:30 (Shawnee) INTEGRATED ENERGY THERAPY 1:30pm (Raven)	14 COOKING FOR ONE 6:30–8:30pm	15 Exploring Grief 10:00 – 12:00pm	16
17	18 DROP IN Meditation 10:30 – 11:45	19 MASSAGE THERAPY 1:30 / 2:30	20 MASSAGE THERAPY 1:15 / 2:45 / 4:15	21 MANI/PEDI (Liz) 9:00 / 10:00 / 11:00	22	23
24 Christmas Eve New Year's Eve 31	25 Christmas Day	26 Boxing Day	27	28 MASSAGE THERAPY (Amanda) 12:00 / 1:30 / 3:00	29	30

To book an appointment, arrange for transportation or receive more information, contact Brenda at (519) 931 - 3474

• Programs printed in BLACK are offered to ALL clients

• Programs printed in RED are offered to BEREAVED clients only

• Programs printed in GREEN are offered to CAREGIVER and BEREAVED clients only

