
Supportive & Spiritual Care for Patients & their Loved Ones

Your Team Cares About You

Are you feeling overwhelmed, stressed, alone?

We are here to help.


It can be difficult to sort through your thoughts and feelings around life & death concerns. We want you to have the best experience possible, despite the presence of a life-changing illness. Many people find it helpful to talk through things with a nonjudgemental, confidential, and compassionate professional.

Our Spiritual Care Practitioner has training in short-term counselling, palliative care, crisis support, grief and loss, the dying process, and much more.

This isn't about a particular faith or religion; it's about quality attention that provides a supportive outlet and some guidance on your journey.

Sometimes, it's best to meet for an initial visit; to get to know each other a bit and see what the conversation brings up. That way, you get to decide whether this added support will be helpful.

One family said **"We didn't know how much we needed this help until we talked to you!"**



"There is no greater agony than bearing an untold story inside you."

– Maya Angelou



Topics may include:

- Impact of illness on family life
- Changes in identity created by illness
- Existential and spiritual questions
- Sources of peace and strength
- Life review
- Legacy work
- Referrals to other supports
- Communication and conflict issues
- Rituals and practices that connect to your sense of the sacred
- Ethical questions

If you would like to have a supportive conversation or learn more, please ask a member of your care team.